**Prenatal Referral Algorithm**

**Alcohol/Drugs**

**Patient is drinking alcohol, smoking pot or using other drugs while pregnant and wants help quitting.**

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**Refer for additional assessment**

**Say:** “I think it would help for you have some additional assessment to help you decide what kind of help you need. “There’s someone I trust, a Family Advocate, Julie Tjaden. Julie can help you access assessment services. She can also provide other kinds of support that might help you stop using while you’re pregnant.

**Ask:** “Would you like Julie’s help in getting connected with assessment services and other resources?

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**NO**

- **Give** patient the *Family Advocate brochure*
- **Say:** “I think Julie could be very helpful. Here’s her information in case you decide you’d like to call her.”

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**YES**

- **Refer to FEAT Family Advocate**
- **Ask:** “Would you like Julie to meet you here? I can call her and see if she can come right now.”

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**NO**

- **Call Julie @ 228-4312 and arrange meeting (cell # for professionals only).**

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**YES**

- **Say:** “I think Julie could be very helpful. Here is her information so you can call her.”
- **Give** patient the *Family Advocate brochure*
- **Ask:** “Is it all right if I give Julie your information so she can call you?” If **yes**, complete consent form. If **no**, continue with referral algorithm.

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**Give following information to patient:**

- *Williamette Family Treatment* Admissions /Assessment (343-2993)
- *Parent Helpline Brochure*
- *Healthy Start Community Referral and Consent* (for 1st time parents)

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**Document Referral Information on Screening Form**

FA=Family Advocate  
PH=Parent Helpline  
WFT=Williamette Family Treatment  
HS=Healthy Start  
QL=Oregon Tobacco Quitline  
Other=Women’s Space, Mental Health Services, other treatment resources etc.

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**Check in** at next visit. If patient has not called the Family Advocate or accessed treatment resources, again offer to call the Family Advocate and/or encourage and assist patient in doing so.

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*Draft 10/28/2008 Direct questions and comments to Kristin Funk at kristinf@uoregon.edu*
Tobacco

Patient is smoking while pregnant & wants help quitting.

Provide written information on smoking and pregnancy.

Assist patient in setting a quit date and developing a quit plan.

Refer to Oregon Quitline: 1-800-QUIT-NOW (brochure).

Provide list of additional community resources, including Family Advocate Brochure.

Re-screen at subsequent visits & repeat brief intervention as necessary.