

SHARED FAMILY CARE

Sample House Rules

National AIA Resource Center, School of Social Welfare, University of California at Berkeley

General

1. Bedrooms are to be respected as private space. Closed doors may not be entered without knocking and receiving permission to enter.
2. The possession, sale or use of alcohol or illegal drugs is prohibited. Under no circumstances will “being drunk” be acceptable for household members or guests.
3. Excessively loud noise, including music and television, is not permitted after _____.
(certain hour)
4. Responsible smoking is permitted, but not inside the house.
5. Socializing is to be conducted in living room, den, or kitchen areas only.
6. Participant will not have a key to mentor’s home and must, therefore, arrange in advance what time s/he will be coming home so that the mentor will be there.
7. Mentor will decide when, how often, and for how long participant can use the phone. Business phone calls will have priority over personal calls, and permission will be obtained from mentor before placing any long distance call.
8. Violence, threats of violence, of vulgarity towards mentor, their friends, family, or other household members, will not be tolerated. Weapons of any type are prohibited.
9. Participant may not become sexually involved with mentors, their friends, relations or other residents of their households.
10. All requests for babysitting and for transportation will be made at least one day in advance.
11. The household pet is to be treated with respect.

Household Maintenance/Cleaning

12. Participant is to clean own bedroom, child’s bedroom, and own bathroom. If sharing a bathroom, each person is to tidy-up bathroom after each use so that bathroom is ready for next person’s use.
13. Weekly cleaning of common areas will be shared by mentor and participant.
14. Lights and television are to be turned off upon leaving room. Electrical appliances, such as hair dryers, curlers, and clothes iron, should be unplugged after each use. If unfamiliar with appliances, ask mentor for assistance.
15. Mentor will notify participant before going grocery shopping so that participant may also go.
16. Mentor and participant will share preparation of and clean-up after meals. After each meal, each person will rinse off his/her own dishes, glass, silverware, or cup, and place in sink.
17. Eating is not permitted in any area of the house except the kitchen, dining room, or breakfast room.

18. Trash from snacks in between meals (pop cans, wrappers, empty snacks bags, etc.) is to be disposed of properly.
19. Participant will do own laundry including that of her/his child (children). Washer should not be overloaded.
20. Participant is responsible for damage done to mentor's home or personal property if it is caused by the participant, the participant's child(ren), or the participant's guest (s), and is beyond normal wear and tear.
21. Doors are to be locked at night, or upon leaving the house.
22. Mentor is to designate specific area (in addition to participant's bedroom) where child(ren) may play, and toys, games, books, etc. are to be picked up each night before going to bed.

Guests

23. Participant's guests must leave the house by _____ on week nights, and by _____ on weekends; and no overnight guests will be permitted except for participant's children.
(time) (time)
24. Guests of the opposite sex are not permitted in participant's bedroom.
25. When participant has a guest, participant continues to be responsible for own child (children) as well as the children of the guest.
26. Request for use of kitchen to prepare dinner for guests will be made at least one day in advance, and participant is responsible for clean-up after participant's guest leaves.
27. If certain rooms have been cleaned or tidied-up in preparation of guest, these rooms are to remain clean until guest arrives.