

## SHARED FAMILY CARE

### Mentor Weekly Log

National AIA Resource Center, School of Social Welfare, University of California at Berkeley

**Mentor** \_\_\_\_\_

**Participant** \_\_\_\_\_

Please take a few minutes at the end of each week to report on activities that occurred with the participant family during that week.

**Date:** \_\_\_ / \_\_\_ / \_\_\_

✓	Activity	Time Spent		
		None	A Little	A Lot
	Assisted parent with shopping.			
	Assisted parent with cooking/meal preparation/menu planning.			
	Assisted parent with house keeping/cleaning.			
	Assisted parent with budgeting.			
	Assisted parent in completing an application (e.g., for benefits, a job, or school).			
	Assisted parent in looking for employment.			
	Assisted parent with self-care (e.g., having her hair done).			
	Made a call on parent's behalf (e.g., to therapist, doctor, treatment program).			
	Made a call on a child's behalf (e.g., to doctor or school).			
	Transported member of participant family (e.g., to a meeting, store, etc.).			
	Demonstrated and explained an effective parenting skill.			
	Discussed child safety with parent.			
	Intervened in parent's discipline of child(ren).			
	Assisted participant family in locating housing.			
	Provided respite care for parent (e.g., babysitting children).			
	Talked with participant about goals.			
	Talked with participant family member about house rules.			
	Talked informally with participant family member.			
	Participated in social, cultural or recreational activity with participant family.			
	Participated in educational activity with participant family.			
	Participated in religious/spiritual activity with participant family.			
	Met with participant's social worker and/or intervention team.			
	Assisted participant in understanding a policy, directions, requirement, etc.			
	Accompanied participant family member to a meeting/appointment.			
	Testified in court on participant's behalf.			
	Other ( <i>please indicate</i> )			

**Difficulties/Frustrations:**

**Progress made:**

**Other comments** (*use back if necessary*):